



Teremok Marine Boutique Lodge



Teremok means “little hideaway” in Russian and is an oasis of serenity close to the beach. Bed & Breakfast accommodation is offered in individually decorated, luxurious rooms each boasting their own balcony offering breathtaking sea or garden views. Hands-on owners ensure that personalised service and attention to detail are mandatory.

Each individually decorated room offers extra length beds (twin or king size), handcrafted ceiling fans, air-conditioning and, while most have a separate entrance, each has its own private balcony. The open plan bathrooms have a large shower, freestanding bath, double basins and a separate toilet and bidet. The Wellness Centre is equipped with cardio-vascular equipment (including upright and recumbent bicycles and a treadmill) and free weights that may be used free of charge. A treatment room can also be found in the Wellness Centre and a personal trainer or therapist (also available after hours) can be booked on behalf of guests. Treatments available include a combination of the following therapies: Swedish Massage (Deep Tissue Massage), General Massage, Acupressure (Shiatsu), Reiki, Aromatherapy and Reflexology. Situated at 49 Marine Drive in Umhlanga, Teremok is ideally located just 1km from Umhlanga Rocks village and beach, 20km from Durban central and 3km from Gateway Shopping Complex.



